



Inspirational Education

Sailing - Canoeing – Beach Olympics - Dragonboat Regatta - Camping - Trek - Evening Paddle/ Ramble

Ao Yon Program 15- 50 Students

Monday

- TBA. Arrive Phuket Airport
- TBA. Travel to Accommodation
 - Settle into rooms and welcome by SIA Staff
- 1230 Lunch at SIA Base
- 1330 Team Challenge A,B,C and D – Visit Ao Chalong Temple
- 1430 Team Challenge A,B,C and D – Visit Big Budha
- 1600 Transfer to Ao Yon Hotel
- 1630 Rest and Recreation
- 1730 Dinner at Cape Panwa or in Phuket town (BBQ)
 - Visit China town
- 2100 Return to Bandara Hotel Accommodation
- 2200 Quiet Camp



Tuesday

- 0730 Breakfast
- 0830 Teams A and B Learn to Dragon Boat 1
- 0830 Teams C and D Learn to Kayak
- 1200 Lunch
- 1300 Teams ABCD – Sail to Ko Lon
- 1600 Set up Camp on Ko Lon, ABCD Trek to waterfall
- 1800 BBQ on the Beach – or Groups can cook their dinner
- 1900 Reflections / Evening Paddle or Beach Ramble
- 2000 Rest and Recreation
- 2100 Quiet Camp



Wednesday

- 0730 Cook Breakfast. Break Camp – leave no trace
- 0900 Teams AB CD Sail Back to Ao Yon
- 1230 Lunch and Tidy up
- 1330 Teams ABCD Beach Olympics
- 1600 Book into Bandara Hotel - Rest and Recreation
- 1800 Dinner and Cultural Performance
- 1930 Reflections
- 2100 Quiet Camp



School Leaders Training Limited is an Affiliate Member of FOBISIA





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Thursday

- 0730 Breakfast
- 0830 Teams ABCD Sailing or Kayaking
- 1200 Lunch
- 1300 Teams ABCD Visit Climbing Park or Zip Line or
- 1300 Teams Zip Line
- 1600 Rest and Recreation
- 1700 Depart for Pizza and Pasta Night
- 1930 Return to Camp
- 2000 Reflections
- 2100 Quiet Camp



Friday

- 0730 Breakfast
- 0830 All Groups Sailing Regatta or Dragon Boat regatta
- 1200 Lunch
- 1230 Final Reflection and Evaluation
- 1330 Depart for Airport/School



Learner outcomes, participants will:

- Experience Thailand's unique tropical environment
- Be challenged by Adventure Activities
- Experience high quality instruction
- Work as a Team – enhance communication
- Enjoy nature, care for nature.
- Appreciate and enjoy Adventure Activities
- Learn about island life for Thai people
- Gain confidence and appreciate others



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