



Inspirational Education

Sailing - Canoeing - Cardboard Boat - Dragonboat Regatta - Camping - Trek - Evening Paddle/
Ramble

Ao Yon Program 15- 50 Students

Monday

- TBA. Arrive Phuket Airport
- TBA. Travel to Accommodation
 - Settle into rooms and welcome by SIA Staff
- 1230 Lunch at SIA Base
- 1330 Team Challenge A,B,C and D – Cardboard Boat
- 1600 Review and Cardboard Boat Regatta
- 1630 Rest and Recreation
- 1730 Visit local Market* and dinner in Panwa
 - Dinner and shopping at own Expense
- 2100 Return to Bandara Hotel Accommodation
- 2200 Quiet Camp



Tuesday

- 0730 Breakfast
- 0830 Teams A and B Learn to Sail 1- Sail to Ko Lon island
- 0830 Teams C and D Kayak skills, Games and Paddle to island
- 1200 Lunch
- 1300 Teams A and B Trekking / Nature Trail
- 1300 Teams C and D Environmental Study of Plastic Pollution
- 1630 Set up Camp on Ko Lon
- 1800 BBQ on the Beach – or Groups can cook their dinner
- 1900 Reflections / Evening Paddle or Beach Ramble
- 2000 Rest and Recreation
- 2100 Quiet Camp



Wednesday

- 0730 Cook Breakfast
- 0900 Teams A and B Environmental Study on Plastic Pollution
- 0900 Teams C and D Trekking
- 1230 Lunch and Tidy up
- 1330 Teams A and B Kayak back to the Shore
- 1330 Teams C and D Sail back to the shore
- 1600 Book into Bandara Hotel - Rest and Recreation
- 1800 Dinner and Cultural Performance
- 1930 Reflections
- 2100 Quiet Camp



School Leaders Training Limited is an Affiliate Member of FOBISIA





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Thursday

- 0730 Breakfast
- 0830 Teams A and B Sailing
- 0830. Teams C and D Visit Elephant Care Park
 - Wash and Feed Elephants
- 1200. Lunch
- 1300 Teams A and B Visit Elephant Care Park
 - Wash and Feed Elephants
- 1300 Teams C and D Sailing
- 1600 Rest and Recreation
- 1700 Depart for Pizza and Pasta Night
- 1930 Return to Camp
- 2000 Reflections
- 2100 Quiet Camp



Friday

- 0730 Breakfast
- 0830 All Groups Dragon Boat Regatta
- 1200 Lunch
- 1230 Final Reflection and Evaluation
- 1330 Depart for Airport/School



Learner outcomes, participants will:

- Experience Thailand's unique tropical environment
- Be challenged by Adventure Activities
- Experience high quality instruction
- Work as a Team – enhance communication
- Enjoy nature, care for nature.
- Appreciate and enjoy Adventure Activities
- Learn about island life for Thai people
- Gain confidence and appreciate others



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